

Can you Soar?

Having a growth mindset

Do you have a Fixed Mindset or a Growth Mindset?

When something is difficult, what do you do?

What are some words you say when you are struggling?

Do you think it is okay to fail? Why or why not?





Soar

The two characters worked together to try and get the machines in the air. How do you think they felt when they were failing?

Why didn't they give up?

When they were finally successful, what do you think they thought?

Why was it important that they kept trying?

The name of the movie is "Soar." It has 2 meanings in this movie. What are they?

Fixed Mindset vs. Growth Mindset

When you have a Fixed Mindset, you think things like:

- I'm not good at this.
- I give up.
- This is too hard.
- I can't make this any better.
- I made a mistake.
- I'll never be as good as her.
- This is good enough.
- I'm the best at this.

When you have a Growth Mindset, you think things like:

- What am I missing?
- Let me try this strategy.
- This may take some extra effort.
- I can always improve.
- I'll keep trying.
- Mistakes help me improve.
- I'm going to figure out what she does and try it myself.
- Is this my best work?
- I'm on the right track

Fixed Mindset vs. Growth Mindset

FIXED MINDSET

THE BELIEF THAT YOUR POTENTIAL WAS DETERMINED AT BIRTH.



GROWTH MINDSET

THE BELIEF THAT WE CAN WORK HARD AND IMPROVE.





Do not judge me by my successes, judge me by how many times I fell down and got back up again. -Nelson Mandela